

# Wheeling University COVID Protocol 2022

As we continue to battle COVID-19, we must remain diligent in stopping the spread. Below you will find Wheeling University's protocol that all campus community members should follow (students, staff, and faculty). If you have additional questions, please direct them to Andrew Lewis, Vice President, and Chief Student Services Officer, at [alewis@wheeling.edu](mailto:alewis@wheeling.edu) or 304-243-2350. This guideline was developed according to CDC regulations.

If you **test positive** for COVID-19, contact Andrew Lewis at [alewis@wheeling.edu](mailto:alewis@wheeling.edu) or 304-243-2350. When speaking with Mr. Lewis, he will give you the next steps and ask as serious of questions to develop your COVID-19 quarantine plan.

**Most importantly, stay home/away from campus/in your Residence Hall room for at least 5 days and quarantine. Please know that you may be required to move campus rooms during your quarantine time. You are likely most infectious during these first 5 days.**

## Quarantine Guidelines:

If you had no symptoms	If you had symptoms
<b>Day 0 is the day you were tested</b> (not the day you received your positive test result)	<b>Day 0 of isolation is the day of symptom onset</b> , regardless of when you tested positive
<b>Day 1 is the first full day</b> following the day you were tested	<b>Day 1 is the first full day</b> after the day your symptoms started
If you develop symptoms within 10 days of when you were tested, the <b>clock restarts at day 0 on the day of symptom onset</b>	

**Ending your isolation is based on how serious your COVID-19 symptoms are.** Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.

If you have no symptoms...	You may end isolation after day 5
If you had symptoms and they are improving...	You may end isolation after day 5 if you are fever-free for 24 hours (without the use of fever-reducing medication).
If you had symptoms and they are not improving...	Continue to isolate until you are fever-free for 24 hours (without the use of fever-reducing medication) or symptoms improve.

If you have been exposed to COVID-19, regardless of your vaccination status or if you have had a previous infection, please follow the steps outlined below. You can still develop COVID-19 up to 10 days after exposure.

## Exposure Guidelines:

Wear a mask...	For 10 days
Take precautions and watch for symptoms...	fever (100.4°F or greater) cough shortness of breath
If you develop symptoms...	Contact Andrew Lewis, <a href="mailto:alewis@wheeling.edu">alewis@wheeling.edu</a> Quarantine immediately Get tested Stay home/away from campus/in your Residence Hall room until you know the result
On day 6...	Test if testing is available